

Personal and Professional Development

Upcoming Courses for February

COMPUTER TECHNOLOGIES

Microsoft Access 2007, Level 1

Fri., Feb. 5 - 19, 9 - 4 p.m.

Microsoft Office Outlook 2007

Tue., Feb. 9, 7 - 9:30 p.m.

Introduction to SPSS (Statistical Package for the Social Sciences)

Wed., Feb. 10 - Mar. 10, 7 - 9:30 p.m.

Building Successful Do-It-Yourself Websites Using Joomla! (Level 1)

Thu., Feb. 18 and 25, 7 - 9:30 p.m.

Adobe InDesign CS3, Level 1

Fri., Feb. 19, 9 a.m. - 4 p.m. and Fri., Feb. 26, 9 a.m. - noon.

CULINARY

Knife Skills

Mon., Feb. 8, 7 - 10 p.m.

For the Love of Chocolate!

Thu., Feb. 11, 7 - 9 p.m.

Pasta Making "Tradizionale"

Thu., Feb. 11 - 18, 7 - 10 p.m.

Newfoundland Cooking With a Twist

Mon., Feb. 15 - 22, 7 - 10 p.m.

KIDS AND TEENS@MUN

Collaborative Art (ages 8+)

Sun., Feb. 7 - Mar. 14, 1:30 - 3 p.m.

Painting Pop Art (ages 12+)

Sun., Feb. 7 - Mar. 14, 11 a.m. - 12:30 p.m.

Ciao! Discover Italy! (ages 5 - 8)

Sat., Feb. 13 - Mar. 13, 10 a.m. - noon.

Ciao! Discover Italy! (ages 9 - 12)

Sat., Feb. 13 - Mar. 13, 12:15 - 2:15 p.m.

JUST FOR FUN

Wood Carving

Sat., Feb. 6 - Mar. 27, 10 a.m. - 12:30 p.m.

Painting with Acrylics, Level 1

Tue., Feb. 16 - Mar. 16, 7 - 9:30 p.m.

Global Cinema Series

Soy Cuba: Wed., Feb. 17, 7 - 9 p.m.

Basic Digital Photography

(for point-and-shoot cameras)

Wed., Feb. 10 - Mar. 17, 7 - 9:30 p.m.

Wintertime Nature Photography

Sat., Feb. 20 and 27, 2 - 5 p.m.

Newfoundland Book Club

(Away From Everywhere, Chad Pelley)

Mon., Feb. 22, 7 - 9 p.m.

Drawing, Level 2 - Drawing Fundamentals

Sat., Feb. 27 - Mar. 27, 2 - 4:30 p.m.

The Human Body: From Drawing to Watercolour:

Sat., Feb. 27 - Mar. 20, 10 a.m. - 1 p.m.

HEALTH & WELLNESS

An Introduction to Naturopathic Medicine

Tue., Feb. 23 - Mar. 9, 7 - 9 p.m.

55+ LEARNING ACADEMY

Eating for your Health

Wed., Feb. 10, 2 - 4 p.m.

Burners (Computer Workshop)

Fri., Feb. 12, 2 - 4:30 p.m.

Soups On!

Wed., Feb. 24, 9:30 a.m. - 12:30 p.m.

PROFESSIONAL DEVELOPMENT

Basic Grammar:

Mon., Feb. 8, 9 a.m. - 4 p.m.

A Day of Self-Discovery

Mon., Feb. 8, 9 a.m. - 4 p.m.

Workplace Etiquette

Tue., Feb. 9, 9 a.m. - 4 p.m.

Understanding the Workplace: Generation

Gap Communication:

Wed., Feb. 10, 9 a.m. - 4 p.m.

Six Sigma:

Wed., Feb. 10 - Mar. 10, 7 - 10 p.m. plus two

Sat., Mar. 20 & 27, 1 - 4 p.m.

High-Impact Presentation Skills

Mon., Feb. 15, 9 a.m. - 4 p.m.

Stress Management

Fri., Feb. 19, 9 a.m. - 4 p.m.

Managing Meeting Minutes

Mon., Feb. 22, 9 a.m. - noon.

Diversity Awareness

Tue., Feb. 23, 9 a.m. - noon.

Fostering a Respectful Workplace

Fri., Feb. 26, 9 a.m. - 4 p.m.

Basic Accounting, Level 2

Sat., Feb. 27 - Mar. 23, 7 - 10 p.m.

Aim high!
Achieve more!

**Spring 2010 brochure
online mid-March!**

For more information or to register, call or click today.

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