Christmas Hamper 2016

This year the Campus Food Bank expects to give out approximately 90 Christmas hampers and we are seeking your assistance in filling them. All non-perishable donations are greatly appreciated, but if your family or department would like to donate a full hamper, the items required for an average size family are given below.

Please contact Anne Sinnott (asinnott@mun.ca) by November 30, 2016 if you are interested in donating a hamper so that we can plan our food needs as well as food collection details. We will be receiving hamper donations on December 7 and will be able to inform signed-up donors in early December of the pickup/drop-off details. Thank you for your support, and Merry Christmas!

1  Cereal – any kind
1  Cheese Whiz – any size
1  Cooking oil – 946 ml bottle
2  Corn, canned, whole kernel, 341ml
1  Crackers – any kind
1  Cranberry sauce
1  Dream Whip – small box
2  Green peas, canned
2  Jelly powder
2  Juice – apple or orange, 1 litre container
2  Milk, canned
1  Miracle Whip – any size
2  Mixed vegetables, canned
1  Peanut Butter - any size
1  Pickles – any flavor
1  Purity Syrup, any flavor
1  Rice or macaroni or spaghetti – if rice is given, plain, long grain is the preferred style
1  Savoury
6  Soup, canned
1  Split peas - bag
1  Sugar
1  Tea – 24 bag size, OR instant coffee – small bottle
2  Tomato paste, small cans
2  2 items from this list, not 2 each - Cookies, chips, cheezies, candy, chocolates
$30 For perishables including milk, eggs, margarine, fresh fruit, fresh vegetables, bread crumbs, bread
$30 OPTIONAL – Although we expect to have some of our turkeys donated, we may be short for total need. We also substitute other choices if a turkey isn’t suitable for dietary reasons

Monetary Donations – A typical hamper costs approximately $150 and is made up of $90 for non-perishables, $30 for perishables and $30 for a turkey. If you wish to donate that amount in lieu of collecting the items, that would also be a welcome donation.

Tax receipts can be issued for cash donations if donor names are specified. Receipts will be sent to the department so home addresses are not needed.

If donations are in excess of what is needed for the Christmas Hampers, they will be used to stock shelves for regular operations in 2017.

Note: Please do not donate perishable items as part of the Christmas hamper. Due to the large volumes of food involved in preparing the hampers, it is difficult for us to sort and appropriately store these items in advance. Thank you for your cooperation and generosity!